



### Communication and Interaction Ideas

If your child has a communication device help them to use it as much as possible, to ask for food, drinks and activities, say how they are feeling, chat about the weather, look what's on there and work out simple games — you can add new vocabulary which is useful at home — an editing guide is available



Listening to and following instructions is really important skill. Challenge your child by using longer sentences eg go and fetch your green socks to put in the washing machine, fill 3 small bowls with Cocopops!

Playing games together involves lots of communication and interaction — find ones your child really enjoys, board games, singing games, hide and seek!

Try to find ways to help your child to communicate with others who they are missing — by phone, using the computer, writing simple messages, or drawing pictures and sending them



### Independence Ideas

Keep practising all those independence skills at home — personal hygiene and showering, brushing teeth.



Try to build routines that your child can follow independently — making their own breakfast, simple snacks, making their bed, helping with laundry, even some hoovering?!

If you go shopping make a simple list together, maybe use pictures or symbols, look for items, load and pack shopping, take care of money and hand to cashiers.

### Social, Emotional and Mental Health Ideas

**PSHE** — Each of you should have received the time capsule through the post so you can work through the short activities and keep this safe to reflect on in years to come.

Twinkl also have a variety of resources available about Coronavirus and how people are coping with this, you could look at power points and discuss key things or make beautiful pictures of 'thanks' - remember to send to school so we can update on the website to show your pieces of art!



## Optional Home Learning Beech Summer 2

**Well done everyone for keeping up with learning at home—we have seen some great activities going on!**

**It would also be amazing to see or hear about what you've been getting up to so please feel free to share photos/work on our Twitter page: @KelfordSchool or you could put together a photo book to show us when we all come back!**

**Please let us know if you need anything to help and we will try our very best.**

**Thank you all for all your hard work and support during these uncertain times. We miss you all!**

### Cognition and Learning Ideas

**English**—Use of Twinkl website to download a variety of sensory stories that your child might like—search coronavirus English

**Science**—Use of Twinkl to download power points & other work related items on tadpoles and the life cycle of the frog

Other basic science experiments can be found on Pinterest & YouTube to engage and do something different.

**Maths**— Use of Twinkl to download work sheets and power points on number bonds and telling the time. YouTube have lots of good information about both of these topics, with fun songs. Students can also help count, sort and weigh objects/food around the house and help sort objects into amounts, such as how many black socks are there?



Asdan activities — have a go at the activities you have been sent—more will be on their way to you soon.

### Sensory/Physical Ideas

**PE**—YouTube can be used to complete PE with Joe Wicks, Yoga for kids Just dance activities or Kidz Bop. Continue to use trampolines, scooters and bicycles.

Make your own Fitness Circuit or complete mine:

↑ Hear rate—star jumps or jogging on the spot

2 leg exercises—squats and leg raises (chairs can be used for support)

2 upper body exercises—press ups (against a wall) & elbow dips (use a table for support)

Core exercises—scissor kicks (lay down on bag and flick legs up and down) and The Bug (lay flat on back, with arm stretched out above head, at the same time raise legs and arms up to meet each other)

