



Communication and Interaction Ideas

Talk it out-Choose one day and time each week to sit and speak to your parents/carers/sisters/brothers, let them know how you are feeling and express any concerns you have. Choosing a time to do this will make sure it happens regularly and will give you the opportunity to focus. You can then record this in your diary.



Independence Ideas

Target Setting-Set yourself one target a week, make it something around helping out around the house.

Baking-Watch bake off with your family, can you create your own bake off at home and have a competition with each other?

Laundry-Can you fold all the clothes once they are dry for your whole family, this would be a really great help around the house.

Careers-For loads of fun activities visit :

https://barclayslifeskills.com/families/?campaign=Google_RS-2020_Lifeskills_Home_Learning_Generic_Broad&chnl=PSG&clid=EAlaIQobChMIsYzRnez76QIVA-3tCh3DywcAEAAAYASAAEgKDC_D_BwE&gclid=aw.ds
<https://southyorkshirefutures.co.uk/syf/files/2020/03/Online-and-Virtual-Offers-to-Schools.pdf>
<https://open.online.clickview.co.uk/libraries/categories/26240773/personal-development?sort=productionyear>

Optional Home Learning!

Class: The View

Please feel free to use these ideas to keep learning going at home! There is no pressure to complete these...you may have other ideas and routines that you wish to maintain. It would also be amazing to see or hear about what you've been getting up to so please feel free to share photos/work on our Twitter page: @Kelfordtheview or you could put together a photo book to show us when we all come back! Additional daily tasks will be put on Twitter to keep you busy.

Thank you all for all your hard work and support during these uncertain times. We miss you all!

Cognition and Learning Ideas

English-Think about how you and your family contribute to helping the environment.

List all the things you do such as recycling, using less plastic bags etc.

Write a piece about what you think might happen to the Earth if we don't become more environmentally friendly.

Maths-For some great maths visit-
<https://whiterosemaths.com/homelearning/>

<https://www.mathsontoast.org.uk/fun-maths-at-home/maths-resources/>

Art-Choose an item from each room in your house and draw them altogether. Can you make an abstract (unusual) piece of Art from all the shapes?

Social, Emotional and Mental Health Ideas

Make a list-List 10 things that you would like to do in the next year. This could be a new hobby or a place you would like to visit.

Diary/Journal-Continue to write your diary, this will be a really important document in the future.

Thankful Jar-Decorate an empty jar, everyday write something you are thankful for and put these into the jar. Remember there are lots of things to be thankful for.

Sensory/Physical

Walk-Go for a walk with family each day, try and find as many new routes as possible.

Dance-Pick a song that you love and create a new dance routine, you can teach us all when back at The View!

For some great ideas to stay active visit-

<https://www.nhs.uk/change4life/activities/>