

Independence—Daily Living Skills

Our topic this half term is Daily Living Skills. Independence skills are important in sixth form so please repeat the lesson on two occasions during the week. Please follow the links below to different lessons.

Week 1— [Using equipment in the kitchen \(thenational.academy\)](#)

Week 2— [Daily meals \(thenational.academy\)](#)

Week 3— [Recycling \(thenational.academy\)](#)

Also a link to a sensory story around Daily Living Skills: [Sensory story: 'Good Day, Good Night' \(thenational.academy\)](#)

Literacy—Winter Sensory Story

Our topic for this half term is winter. The structure for the lesson to remain the same each week

Please go through the story as outlined

[A Snowy Day | DIY Bag Books - YouTube](#)

Also a number of winter related songs to join in to

[MUSIC | *Winter Theme* Interactive Action Song! - YouTube](#)

[Winter song - YouTube](#)

Sixth Form - Home Learning 11th
- 29th Jan

Physical —Keeping Fit

Our topic this half term is keeping fit. The structure for the lesson to remain the same each week

Warm up and get moving with the following songs

[Shake it Out Body Parts Song with Matt | Featuring the Learning Station | Dance Action Song for Kids - YouTube](#)

Follow the links to the lesson for keeping fit

[Fitness circuits \(Part 1\) \(thenational.academy\)](#)

[Fitness circuits \(Part 2\) \(thenational.academy\)](#)

Maths—Shapes and Sorting

To start some songs related to shapes

[Shapes song for kids | The Singing Walrus - YouTube](#)

[Shapes and Sides - YouTube](#)

Throughout the next three weeks, complete the work set out in the following videos and worksheets

Week 1—

[Recognising and matching 2D shapes to a template \(thenational.academy\)](#)

Week 2 -

[Repeating a sequence \(thenational.academy\)](#)

Week 3—

[Repeating a pattern \(thenational.academy\)](#)

Also look at the PDFs on shapes provided

PSHE—People who help us

Our topic this half term is people who help us.

Please look at the PDF presentations provided and each week go through the slides. The work has links to different Youtube videos and songs

Sensory —Winter Art

Our topic this half term is winter art

Please find a link to some ideas for

[\(19\) Pinterest](#)

Sensory Exploration

Find below some links to sensory integration work, working on different senses

Touch

[My Sense of touch \(thenational.academy\)](#)

Auditory

[My listening sense \(thenational.academy\)](#)

Sixth Form - Home Learning 11th
- 29th Jan

Extra learning

If you would like some extra work please follow the links below to the work we did last term on personal hygiene and money skills. Pupils can consolidate their learning

[Personal Care - BU - Oak National Academy \(thenational.academy\)](#)

[Money - Oak National Academy \(thenational.academy\)](#)

Creative Arts - Lockdown Song

The group are looking at contributing to a lockdown video and doing some signing and singing. Follow the Youtube link below and join in.

<https://youtu.be/JT7Sr4gc1sU>