

Sorting Socks: A Sensory Challenge



Joe White

We need to find the matching socks
In a race against the clock

Let's rummage around in this old dark drawer,
I've found a green sock. Let's find some more.



Suggested Sensory Resources

Dark Material

Green socks

Wooden box/drawer

Suggested Movements

Rummage movement

Bend and peer

Push hands apart

Help me find the matching socks
In a race against the clock

We should take a look behind the radiator
A stripy one, you star sock locator!



Suggested Sensory Resources

Stripy sock

Cold metal tin

Hook or grabber

Suggested Movements

Stand on tip toes

Look up. Look down

Reach down

Help me find the matching socks
In a race against the clock

Inside the machine, give the drum a whirl
A scrunched up blue sock let it uncurl.



Suggested Sensory Resources

Scrunched up sock
Spinner (with lights)
Round tub

Suggested Movements

Turn in place
Spin arms round
Roll head anti/clockwise

Help me find the matching socks
In a race against the clock

Inside the toy box, move aside those cars
There in corner a sock covered in stars



Suggested Sensory Resources

Box with toys in

Starry sock stick on if needed

Star sensory umbrella

Suggested Movements

Mime lift/place to the side

Reach across

Pull arms back to chest

Help me find the matching socks
In a race against the clock

We need to crawl under the dusty bed
Look over there, a sock, bright red.



Suggested Sensory Resources

Red sock

Box with flour in

Sheets

Suggested Movements

Crawl

Lie on front

Lie to stand

Help me find the matching socks
In a race against the clock

There is still one sock missing where can it be?
It's hidden under the cushion on the settee!



Suggested Sensory Resources

Cushions in a pile

Sock

Material as settee

Suggested Movements

Sit to stand

Throw motion

Lifting motion

Now we have found the missing socks
I knew we could do it. We beat the clock!



Suggested Sensory Resources

Alarm sound effect

Pegs to clip socks together

Box of socks to explore

Suggested Movements

Pull arms together in front

Step forward and back

Raised arm celebration