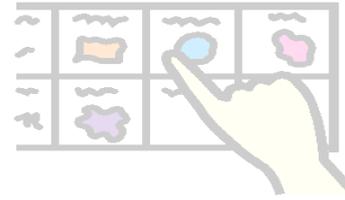




Communication and Interaction Ideas

Express myself through vocalisations; gesture when excited or wanting a specific item. When playing with me show me two toys, which one do I look at? Reach for? Show interest in?

This activity will help me become an effective communicator



Independence Ideas

When I am being independent in my OT equipment or exploring my environment you could



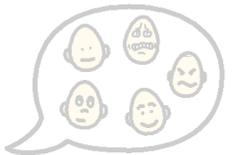
place my favourite items just beyond my reach so I have to move to either feel them or retrieve them - this activity will help me to become more

confident in my movements

Social, Emotional and Mental Health Ideas

Messy play is a great way to help me find out what I do and do not like; use a variety of materials such as dry pasta; cooled cooked pasta; foam soap; mixed flour and water; dyed rice; soapy water and see which items I like and don't

like when I am exploring with you.



Sensory massage and relaxation music is very relaxing

Optional Home Learning!

Class:

Please feel free to use these ideas to keep learning going at home! There is no pressure to complete these...you may have other ideas and routines that you wish to maintain.

It would also be amazing to see or hear about what you've been getting up to so please feel free to share photos/work on our Twitter page: @KelfordSchool or you could put together a photo book to show us when we all come back! Please let us know if you need anything to help and we will try our very best.

Thank you all for all your hard work and support during these uncertain times. We miss you all!

Cognition and Learning Ideas

Share a book with me

Sing number songs with me

Use pots and pans to make music with me

Paint and mark make with me



Sensory/Physical Ideas

Massage; using soft brushes or small balls

Therapy equipment: -

Reach grasp and release:

Roll a ball to me; see if I reach; grasp and release it back to you

