



Rainbow's class learning and activity ideas.

Mark making is important for all children for physical, brain and language development and as a means of creative expression.

Painting outside with water and brushes

Finger, hand and foot painting

Using fingers or brushes in trays of sand or flour

Making tracks with cars and plastic animals in paint

Maths can be a part of everything that you do, counting claps, jumps, stairs, objects, exploring shapes

Baking is a great activity for number—weighing, counting, measuring, mixing

A number, colour or shape hunt around your house or garden

We love number songs, 5 little ducks, 5 little frogs, 5 naughty monkeys, 5 fireman, you can find these on Youtube

Counting objects and finding the number.

Chalking large shapes or numbers outside and finding them when called

There are lots of maths games and activities on Purple Mash and Twinkl—see attached

In Rainbows we do lots of sensory play as it has huge benefits for all children including understanding and reasoning, body awareness, problem solving, brain and language development and fine and gross motor skills.

Recipes can be found on the internet. You can hide objects in things to find or use spoons, ladles, sieves etc to explore

Gloop made from cornflour and water (a stress reliever for adults too!)

Jelly

Moldable sand

Playdough

Porridge oats

Water play

Construction play can help to encourage co-operative play, build patience, boost confidence, improve fine motor and problem solving skills and develop imaginative play. This will depend what toys you have at home but we like.

Duplo

Wooden blocks

Magnetic blocks

Use can use boxes, cups, spools, plant pots, large pebbles

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Singing, stories, action rhymes and songs, dancing and all great for listening, hand-eye coordination, confidence, language skills, reading readiness, creativity and social skills.

Some of our class favourites are One Little Finger, Heads, Shoulders, Knees and Toes, If You're Happy and You Know It, Lots of Barefoot Books, Walking in the Jungle Walking Walking.