

## Independent Living activities to do on a Snow Day!

There are loads of jobs around the house that you could have a go at today. Try to do as many as you feel you can and if you can take some pictures while you are doing I would love to see what you have achieved. Ask your parent/carer what jobs they think need doing.

### Bedroom

Have a look around your bedroom. Is everything in the right place? Put things back where they belong. Make the bed or could you change the bedding?



Put

Are there any dirty pots or bits of rubbish? Take them to the kitchen and put your rubbish in the bin

Put any dirty clothes in the wash basket. Use the vacuum to clean the floor and dust any sides that are looking dusty.

### Laundry

Could you do a load of dirty laundry? Ask for support if you need it. Remember to sort your lights and darks. Check the instructions on the washing powder or liquid to make sure you use the correct amount. When it's done hang it out on neatly



### Kitchen

Can you make your own lunch? A sandwich or something on toast is a good choice. Think about making healthy choices if you can. Have you got all 5 food groups in your meal?



a good  
all 5

Don't forget about cleaning up afterwards. Washing and drying the pots and wiping the sides are an important part of the process.

I would love to see a photo of your chosen meal!



## English

Have you heard of an Acrostic Poem? Well now you have!! and **YOU** are going to write your own.

Each line starts with a capital letter that spells out the theme of the poem vertically. It does not need to rhyme, and lines can be of different lengths.

Here is an example using the word

### STAR

Stars shine brightly

Twinkling in the sky

Always glowing

Rewarding us with its splendour

Challenge - Write your own using the word: **S N O W**

## Its Careers Week!

You can access at any time-

Virtual Careers Fair at- <https://nationalcareersweek.com/>

Online workshop at 2pm-

<https://www.bbc.co.uk/bitesize/careers>

## ECO SCHOOLS

Have you noticed that we have got some small posters around college asking you to turn taps and lights off when not in use?

Being ECO friendly means trying to live in a way so that we don't harm our planet. We can all help to protect our planet, which is our home.

1. Can you look around your house and garden and list ways that you and your family are or can be more ECO Friendly. You can look on the internet for ways to be ECO friendly.
2. Can you make a poster to highlight all the ways that you have found to be ECO friendly?

You could draw, paint, or maybe find things to stick on your poster.

Let everyone know about the things that are damaging our world like plastics.