

PE Curriculum Map for Spring Terms 1 & 2

Class	Spring 1	Spring 2
Kimberworth	<p>Storytime Yoga Students will learn to move their body and hold balances through exploring a variety of yoga moves set to their favourite stories.</p>	<p>Gymnastics Students will look at movement within the room and how their body can change shapes. They will look at linking movement ideas together to begin formulating short sequences</p>
Rainbows	<p>Take 10 Students will engage in a range of short activities that last approximately 10 minutes to help with their turn taking, concentration and cooperation Activities involved in this focus on turn taking and waiting, cooperation, control, accuracy and practice</p>	<p>Storytime Yoga Students will learn to move their body and hold balances through exploring a variety of yoga moves set to their favourite stories.</p>
Sunbeams	<p>Dance Students will explore and participate in a variety of movement styles that focus on the theme of 'Beat, Bang and Boogie'.</p>	<p>Take 10 Students will engage in a range of short activities that last approximately 10 minutes to help with their turn taking, concentration and cooperation Activities involved in this focus on turn taking and waiting, cooperation, control, accuracy and practice</p>
Purple	<p>Basketball Students will focus on the individual skills necessary to participate in small sided games. There will be focus on refining these skills, looking at teamwork, tactical play and rules of the game</p>	<p>Cricket/Rounders Students will look at the skills of throwing and catching and then move onto hitting a ball with accuracy and aim. They will practice the necessary skills for batting and fielding and discuss and implement strategies and tactics to gain success and outwit an opponent.</p>
Green	<p>Basketball Students will explore what can be done with a ball within this type of activity. The main focus will be turn taking, teamwork, cooperation and control</p>	<p>Cricket/Rounders Students will focus on throwing and catching and how to hit a ball into space. We will link points awarded to maths and counting</p>
Willow	<p>Gymnastics Students will explore and perform a range of individual and group balances during floor work, leading to shot routines that that create themselves. They will progress onto access equipment to further</p>	<p>Trampolining Students will have access to the trampoline so they can practice their individual skills that help build and sustain their confidence to perform short sequences. We will</p>

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	challenge their ability to be creative and explore ways of moving over under, around and through. Students will look at performance aspects and start to provide constructive feedback to support their own and others' development in this area.	look at health and fitness and how physical activity can help with this
Cherry	Multi Skills Students will work on a bespoke programme that caters their likes and dislikes. They will have opportunities to explore with a variety of equipment that works on their coordination, balance, spatial awareness, dexterity and control.	
Oak	Football with Rotherham United Students will participate in sessions that are planned and delivered by a coach from Rotherham United. They will focus on skills such as controlling the ball, dribbling and passing, tactical awareness, spatial awareness, cooperation, teamwork and the rules of the game.	Basketball Students will focus on the individual skills necessary to participate in small sided games. There will be focus on refining these skills, looking at teamwork, tactical play and rules of the game
6 th Form	Football Students will have opportunities to work individually and with small sided teams to work on the fundamentals of football from ball control (dribbling and passing), to being able to understand and utilise tactics in games to gain an advantage.	Badminton Students will look at the laws of the games and how tactics are necessary in this type of game. They will focus on hitting the ball over the net and where best to place the shuttle to gain the advantage. They will practice their service, forehand and backhand shots and learn how to keep score and they will also demonstrate they know where the boundaries of play are

Class	Activity	
Sparkles & Orange	Sensory Exploration & MATP Students will focus on exploring sensory objects to help build on their Mobility – crawling, rolling, stepping onto and over objects, stepping on different surfaces Dexterity – fine motor manipulation, grasp and release and maintenance of grasp	Following MATP, students will have opportunities for Feeling involved in a variety of activities Explore a variety of sensory and physical aspects to increase and improve concentration, coordination, control

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	<p>Striking – table top activities and using the upper body Kicking – Laying on the ground and seated</p>	<p>Realisation – becoming aware of something new (equipment or skills) Anticipation – predicting something (is the ball coming back?) Persistence – continuing a course of action in spite of difficulty (new skill not performed before, physical difficulties) Initiation – Introduction to a new skill Enjoyment – process of taking pleasure in something</p>
Blue	<p>Sensory Exploration & Multi Skills Students will work on a bespoke programme that caters their likes and dislikes. They will have opportunities to explore with a variety of equipment that works on their coordination, balance, spatial awareness, dexterity and control.</p>	
Holly & Beech	<p>Body Awareness & Physical Development Targets Students will engage in Body Awareness that looks at awakening the senses and recognising and responding to touch. Students communicate their likes and dislikes as they are supported through a variety of movements and sequences that are set to short pieces of music. Physical Development Targets are specific to each individual need and allow students to spend more time access their equipment such as standing frames, wedges, positioning on the floor and walkers. They will have bespoke targets and exercises that have been set by the Physiotherapists that they will work through to help with core stability, strength, flexibility</p>	