

Communication and Functional Skills

This term all students are reading a book 'Winter – a multisensory Story'. Students will get the opportunity to explore their senses using a range of materials and resources. Some students will explore different clothes and learn about functionality in different weather. All students will be given the opportunity to explore different outdoor learning opportunities and go on winter sensory walks. Some students will follow recipes and instructions to make Winter foods to share with their friends.

Expressive Arts

This term we are focussing on our winter photography house competition through photographing our own wintery art works created with different wintery art media. Examples include sparkly salt dough, ice painting, icicle sculpting, and more! We will also be completing our performance of The Jolly Christmas Postman, rearranged from December.

Additional Adventures:

Throughout the term, some students will be taking part in our therapies, positioning and additional sessions such as the White Room and Praxis Room, where appropriate. All students will also be taking part in sensology, story massage, mindfulness, Attention Autism and lots of music, amongst many other personalised adventures. Now that the pool has reopened we are hoping to get more regular times in the swimming pool for hydrotherapy and leisure alongside rebound sessions on the trampoline.

STEM

This half term, we will be conducting some super sensory science experiments! Some of us will be engaging with the different materials and having fun engaging with the various reactions and interesting occurrences. Some of us will be following instructions, making predictions and reflecting on whether our predictions were right!

PSHE/SRE:

This half term we will be focusing on various aspects of self-care. This will include: eating a balanced diet; mental health; choosing appropriate clothing with weather conditions in consideration; the benefits of sleep; a recap of this along with self-care and hygiene from last half term. In Spring 2, we will be looking at the world of work, exploring some different careers and the items which are used by people in these positions, and practicing activities associated with them

Preparation for Adulthood:

Each week some students will be following instructions to get snack ready for themselves and peers. Others will be visiting the local shop, following a recipe and baking goodies to sell around school where they will experience a range of textures, tastes and smells.

Independence:

We will be focusing on learning about and taking part in key life skills. All students will get the opportunity to take part in a range of activities across the term – working with different staff and peers across Key Stage 4. Some students will be learning how to do the washing up following baking sessions. Some will also be visiting the new bedroom on site and learning how to make a bed, tidy up after ourselves, the importance of personal hygiene and how to use the washing machine and clothes dryer.

PE:

Each week students will work on either specific sensory and physical target to ensure they are engaged and participating in a variety of activities that are beneficial and unique to their needs, or they will engage and explore in Body Awareness. This looks at how students move their body's and how that makes them feel. All senses are explored whilst listening to music and engaging with sensory objects. This sessions are also opportunities for student to utilise their equipment such as standing frames and walkers; again that give specific targets to meet their bespoke needs

Leisure:

This term students will be visiting local parks to explore and contribute to our Winter photography House Competition. They will also get the opportunity to visit cafes and practise their functional Maths and English skills when ordering and paying for snacks. Others will choose between sensory massage or a walk around the local area.

A walk through the seasons

Beech Class – KS4
Spring 1 2023

